

FAILURE

Learn from, and succeed, as a result of your mistakes

◆ ABOUT THE COURSE

Failure is an unavoidable part of work, and it should be welcomed. Failure teaches us what we are doing wrong and challenges us to be better. Yet it is inbuilt in us to fear and avoid failure.

In this session, we will explore how failure can be one of the best ways to improve ourselves, take risks and succeed.

◆ SESSION AGENDA

- 01 Famous Failures**
Explore real-world examples where failure led to breakthrough success.
- 02 Your Response to Failure**
Recognise your automatic reactions to failure and consider how to respond more constructively.
- 03 Preventable Mistakes**
Understand how to learn from mistakes by focusing on what happened and what can be improved.
- 04 Complexity-Related Mistakes**
Explore how to respond when outcomes are uncertain, unclear or unpredictable.
- 05 Intelligent Mistakes**
Consider how to experiment, learn and take thoughtful risks more effectively.

◆ INTERACTIVE EXERCISES

Reframing

Reflect on a recent mistake and consider what a more resilient response would look like.

Blameless Post-Mortem

Apply a four-step structure to review a preventable mistake and identify one system change.

Quick or Deeper Review

Use one of two review techniques to extract learnings from a recent project.

Design an Experiment

Choose something you have been meaning to try and define your hypothesis and first small test.

◆ LEARNING OUTCOMES

- ◆ Cultivate a growth mindset that turns your failure into a chance to learn and grow.
- ◆ Access tools to use for self-reflection and learning from setbacks.
- ◆ Learn how to reframe failure as a springboard for innovation and progress.

FACILITATED SESSION

This is a facilitated, discussion-led workshop rather than a lecture. Your coach guides the group through practical exercises, encourages open discussion, and creates an engaging environment where participants can share experiences, challenge their thinking and learn from one another.